

You're Invited to a Free Seminar



Food Preservation

Friday September 10
at 3:00 p.m.
at the
ATLANTIC DESIGN CENTER,
627 US Rt. 1, York, Maine

BY
MASTER FOOD PRESERVER
KATE MCCARTY
from University of Maine
Cooperative Extension



If you have wondered what to do with all the great vegetables, berries, and fruits from your garden, then this seminar is for you. Kate McCarty will teach you the basics of canning and freezing, including how to use a water bath canner and to preserve pickles, jams, and vegetables.

Kate has worked with an AmeriCorps program in Montana before she came as a VISTA at the Cooperative Extension at the University of Maine, managing the Master Food Preserver volunteers and creating resources for the program.

Space is limited, so please make reservations by email to:
mclaesson@eldredgelumber.com or by calling **207-363-3004**